

# Flex Studio Podcasting Guide

MEDIA CREATION LAB – SCOTT LIBRARY




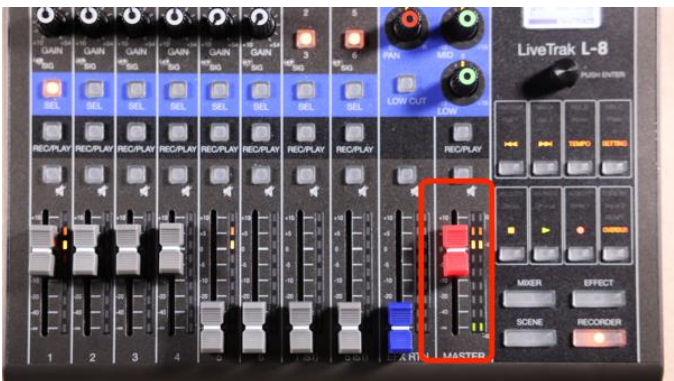

Video Link

## Instructions

### Set Up

1	Turn on Zoom Livetrack L-8 using the power switch at the back.	
2	Make sure the <b>RED</b> “48V” button is pressed down.	
3	Press the “Recorder” button on the bottom right.	

## Set Up

4	Set inputs 1-4 (or the total number of mics being used) to <b>0</b> on the fader ( $\frac{3}{4}$ the way up).	
5	Move the <b>RED</b> Master slider to <b>0</b> ( $\frac{3}{4}$ the way up).	
6	Turn headphone volume knobs on the top right to 12 o'clock (50% up) for headphones 1-4.	

## Set Up

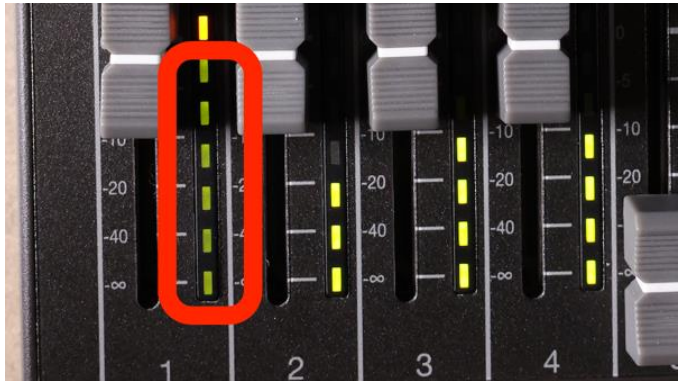
7

Turn gain knob for input 1-4 (or the total number of mics being used) to 12 o'clock (50% up).



8

Do a soundcheck with everyone to make sure the tracks **do not** clip (go above 0 and make the SIG light turn red)






9

Press the “Rec/Play” button on the MASTER channel (the red fader) until light is **RED**.

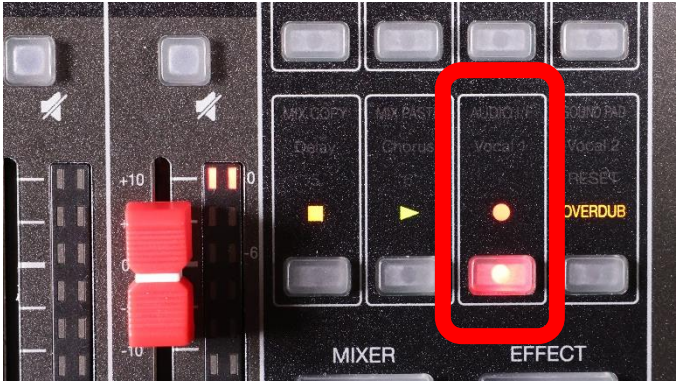
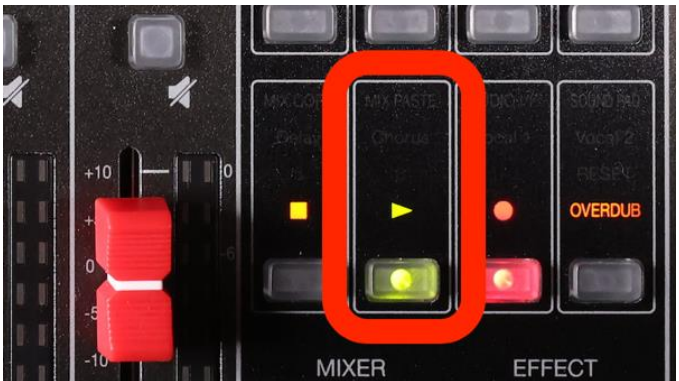





## Set Up

10	Press the “Rec/Play” button on each channel (1-4) until the light turns <b>RED</b> to arm each track for recording.	
11	Make sure <b>OVERDUB</b> light is <b>not</b> lit.	
12	After completing the Set Up the board should look like this.	

## Recording



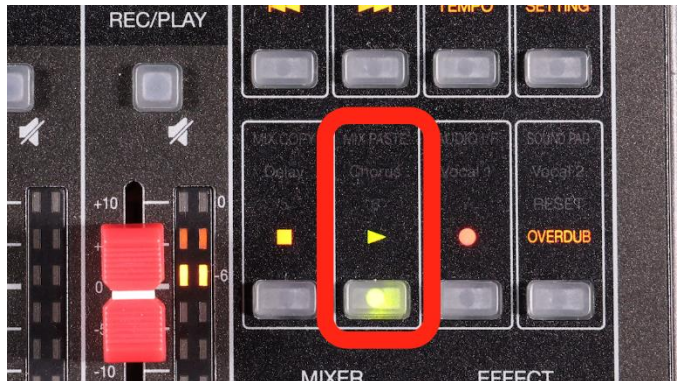
1	Press the “Rec” button under the <b>RED</b> circle to prepare for recording.	
2	Press the “Play” button under the <b>GREEN</b> triangle to begin recording.	
3	Recording begins when the time on the screen starts to move, and the <b>RED</b> record button AND the <b>GREEN</b> play button are both lit.	

## Recording

4	<p>To stop recording, press the “Stop” button under the <b>ORANGE</b> square.</p> <p>Recording has stopped when the <b>GREEN</b> play button and <b>RED</b> record buttons become dim.</p>	
5	<p>When finished, turn OFF the device with the switch at the back.</p>	
6	<p>Remove SD card to retrieve files.</p>	



# Playback

1	Press the “Rec/Play” button on the MASTER channel until the lights turns <b>GREEN</b> .	
2	Press the “Rewind” button to set the time on the LCD display to <b>000:00:00</b> .	
3	Press the “Play” button under the <b>GREEN</b> triangle to hear the playback.	

# Attributions

## Contributors

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